



Information about Coronavirus (COVID-19)

**For up-to-date and data driven information and guidance, please refer to the Centers for Disease Control (CDC) website -[www.coronavirus.gov](http://www.coronavirus.gov).**

March 19, 2020

Dear City of Eagle Lake Residents:

The City of Eagle Lake is implementing safety measures to help ensure that employees remain healthy and available to provide essential city services. The City will continue closely monitoring state and federal guidance as it pertains to implementing measures to help slow the spread of COVID-19. We are in uncharted territory and information is changing quickly, but the City's priority is unchanged – to keep our community healthy and safe.

City Hall is closed to public access at this time, but will continue to be staffed Monday-Friday, 7:30 a.m.-4:30 p.m. Staff is available to assist residents via phone at 257-3218 or via email at [jbromeland@eaglelakemn.com](mailto:jbromeland@eaglelakemn.com) (City Administrator Jennifer Bromeland) or [krausch@eaglelakemn.com](mailto:krausch@eaglelakemn.com) (Deputy City Clerk Kerry Rausch).

**Utility Billing:** Payments can be made online, over the phone, via the US Postal Service, or by placing payments in the secure drop box located on the east side of City Hall. No water shutoffs will occur at this time. Please contact City Hall if you have concerns with paying your bill and would like to set up a payment plan.

**Building and Zoning:** Building and zoning permit applications are available online or by contacting City Hall. Completed applications can be submitted electronically, placed in the secure drop box at City Hall, or by US Postal Service. At this time, inspections for new construction projects (e.g., decks, garages, new homes) are continuing, however, any inspections that require entering an existing home (e.g., furnace, water heater, gas fireplace, finished lower levels) will be scheduled at a later date.

Dog Licenses: Licenses will continue to be processed. Please contact City Hall for instructions.

T-Ball Registration: The registration form is available electronically on the City's website and also in hard copy upon request. Completed forms, along with payment, can be dropped off in the secure drop box at City Hall or returned via US Postal Service.

Garbage and Recycling: Per LJP Waste Solutions, there are no plans at this time to change service in response to COVID-19. LJP Waste Solutions is actively following industry guidance on safety procedures.

Public Works: Contact City Hall with any questions and/or concerns so that the appropriate staff member can be contacted. Due to an increased demand and subsequent shortage of toilet paper as a result of COVID-19, there is a concern of possible increased use and flushing of non-flushable materials. Flushing anything other than toilet paper can create expensive problems for homeowners and municipal wastewater facilities. Flushing wipes (even those labeled "flushable") and other non-toilet paper materials causes clogs, backups, equipment and pipe breakages, and in severe cases, can even force raw sewage back into homes. The following products are NOT flushable and must be disposed of in a wastebasket: paper towels, napkins, Kleenex and other tissues, wet wipes/baby wipes, diapers, feminine hygiene products, and gauze/Band-Aids.

EMS, Fire, Police: Call 911.

This is undoubtedly a rapidly changing situation, and we will do our best to keep residents apprised of new information as it becomes available. If you would like to be added to the City's email distribution list, please contact City Hall. Information will also be posted on the City's website ([www.eaglelakemn.com](http://www.eaglelakemn.com)) and Facebook page.

Included in this communication are some resources that you may find helpful.

Thank you for your understanding and patience during this difficult time.

Sincerely,

City of Eagle Lake

# Share Facts About COVID-19

Know the facts about coronavirus disease 2019 (COVID-19) and help stop the spread of rumors.

FACT  
**1**

**Diseases can make anyone sick regardless of their race or ethnicity.**

Fear and anxiety about COVID-19 can cause people to avoid or reject others even though they are not at risk for spreading the virus.

FACT  
**2**

**For most people, the immediate risk of becoming seriously ill from the virus that causes COVID-19 is thought to be low.**

Older adults and people of any age with underlying health conditions, such as diabetes, lung disease, or heart disease, are at greater risk of severe illness from COVID-19.

FACT  
**3**

**Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.**

For up-to-date information, visit CDC's coronavirus disease 2019 web page.

FACT  
**4**

**There are simple things you can do to help keep yourself and others healthy.**

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

FACT  
**5**

**You can help stop COVID-19 by knowing the signs and symptoms:**

- Fever
- Cough
- Shortness of breath

Seek medical advice if you

- Develop symptoms

AND

- Have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.



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For more information: [www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)



# Coping with a Disaster or Traumatic Event



After a disaster, it is important to take care of your emotional health. Pay attention to how you and your family members are feeling and acting.

Taking care of your emotional health will help you think clearly and react to urgent needs to protect yourself and your loved ones.

Follow these tips to help you and your family recover or find support.

## Steps to Care for Yourself

- Take Care of Your Body
  - » Try to eat healthy, exercise regularly, get plenty of sleep, and avoid alcohol and other drugs.
- Connect
  - » Share your feelings with a friend or family member. Maintain relationships and rely on your support system.
- Take Breaks
  - » Make time to unwind. Try to return to activities that you enjoy.
- Stay Informed
  - » Watch for news updates from reliable officials.
- Avoid
  - » Avoid excessive exposure to media coverage of the event.
- Ask for Help
  - » Talk to a clergy member, counselor, or doctor or contact the SAMHSA helpline at 1-800-985-5990 or text TalkWithUs to 66746.

## How to Help Your Children

- Talk with them.
  - » Share age-appropriate information.
  - » Reassure them.
  - » Address rumors.
  - » Answer questions.
- Set a good example by taking care of yourself.
- Limit exposure to media and social media coverage of the event.

## Common Signs of Distress

- Feelings of shock, numbness, or disbelief
- Change in energy or activity levels
- Difficulty concentrating
- Changes in appetite
- Sleeping problems or nightmares
- Feeling anxious, fearful, or angry
- Headaches, body pain, or skin rashes
- Chronic health problems get worse
- Increased use of alcohol, tobacco, or other drugs

Seek help from your healthcare provider if these stress reactions interfere with your daily activities for several days in a row.

Substance Abuse and Mental Health Services Administration's (SAMHSA's) Disaster Distress Hotline: 1-800-985-5990 or text TalkWithUs to 66746.



People with deafness or hearing loss can use their preferred relay service to call 1-800-985-5990.

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## **BUSINESS, COMMUNITY, PUBLIC HEALTH RESOURCES**

(This list is by no means exhaustive as resources are evolving.)

**MN Department of Employment and Economic Development:**

<https://mn.gov/deed/newscenter/covid/>.

**Small Business Association (SBA) Disaster Assistance in Response to Coronavirus:**

<https://www.sba.gov/disaster-assistance/coronavirus-covid-19>

**Greater Mankato Growth (GMG):** <https://greatermankato.com/covid19>.

### **Information from Mankato Area Public Schools**

#### **Nutrition services available for any student 18-years-old and under**

Breakfast and lunch services for any student 18-years-old and under will be offered through Friday, March 27. All drive through pick-up services are from 11 a.m. to 1 p.m. Registration is not required. A child does need to be present during meal pick-up at any of the following sites:

- Franklin Elementary School, 1000 North Broad Street, Mankato (door 6 near Broad Street)
- Monroe Elementary School, 441 Monroe Avenue, North Mankato (door 1 on Monroe Avenue)
- Hoover Elementary School, 1524 Hoover Drive, North Mankato (door 12 in the bus loop)
- Kennedy Elementary School, 2600 East Main Street, Mankato (door 14 in the bus loop)
- East High School, 2600 Hoffman Road, Mankato (door 20 in the bus lane behind the school)
- West High School, 1351 South Riverfront Drive, Mankato (door 17 in the south/staff parking lot)

Breakfast and lunch is provided to children attending emergency care (Franklin and Monroe elementary schools) or ACES programming. Planning for mobile distribution, including Eagle Lake and Madison Lake is underway and expected to begin the week of March 23.

### **Public Health Info COVID-19 MN Hotlines**

Health questions (7 am to 7 pm): 651.201.3920 or 1.800.657.3903

School and child care questions (7 am to 7 pm): 651.297.1304 or 1.800.657.3504

DHS hotline for child care providers with COVID-19-related questions: 888.234.1268

MDH Hotline: The hotline is open seven days a week, 7am - 7pm at 651-201-3920.

## **Epiphany Little Pantry** (Open 24 Hours)

Located in the parking lot of  
Epiphany Lutheran Church, 605  
Parkway Avenue, Eagle Lake.

Donations accepted – please place  
donations in the pantry or by the  
front door of the church. Thank  
you.

Contact: Pastor Ronald Myers, 257-  
3156

### **COVID-19 GOT YOU WONDERING ABOUT YOUR NEXT MEAL?**

SNAP (food stamp) information and application  
assistance is available over the phone, from the  
comfort and safety of your home!



**Call us today!**  
**(844) 764-5513    (651) 209-7963**  
**[2harvest.org/SNAP](https://2harvest.org/SNAP)**

City of Eagle Lake  
705 Parkway Avenue  
PO Box 159  
Eagle Lake, MN 56024

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